

Senior Living with Style!

The Landing at Stone Oak | 19110 Huebner Rd. | San Antonio, TX 78258 | 210-479-0155



This Month in History - December

- 1 In Montgomery, Rosa Parks is arrested for refusing to give up her seat in the front section of a bus. (1955)
- 2 Barney B. Clark receives the world's first artificial heart transplant. (1982)
- 5 The 21st Amendment repeals Prohibition. (1933)
- 7 Pearl Harbor was bombed in a surprise Japanese attack. It marked the U.S. entry into WWII. (1941)
- 8 John Lennon was assassinated in New York City. (1980)
- 15 Gone With the Wind premiered in Atlanta. (1939)
- 17 The Wright Brothers made their first airplane flight at Kitty Hawk, N.C. (1903)
- 28 William F. Semple patented chewing gum. (1869)
- 30 Edwin Hubble announces the existence of other galactic systems. (1924) Yes, the Hubble telescope was later named after him.

'Gone with The Wind': A Southern Success

Over 300,000 people took to the streets in Atlanta, Georgia, as they made their way to Lowe's Grand Theater one exceptionally frigid night in 1939 for a motion picture debut of epic proportions. Spotlights filled the sky on December 15th as the premiere of the historical romance 'Gone with the Wind' broke more than just a few box office records, as the film garnered nine Oscars, as well as countless other awards. Several of the film's stars were at the Atlanta premiere, including Clark Gable and Vivien Leigh, as well as the author of the Pulitzer Prize winning novel from which the film was adapted, Margaret Mitchell. The film has long been criticized for its portrayal of slavery. However, it has also been instrumental in changing the way African-Americans were depicted on screen.

'Gone with the Wind' remains the most successful film in box office history to this day, and a digitally remastered version of 'Gone with the Wind' was re-released in 1998.

Team Members

Executive Director

Cynthia Morris

Business Office Manager

Jaimie Brooks

Marketing Director

Yvonne Yeary

Food Service Director

Mitra Razavi

Plant Operations Manager

T.J. Crismon

Resident Service Director

Laurie O'Brien

Life Enrichment Director

Maria Perez

Concierge

Serah Faz

Special Events

- 12/2 Birthday Bash
- 12/3 Dance Plus Performance
- 12/4 Christmas Carolers
- 12/10 Donna's School of Music
- 12/16 Kellie Sims Crafts
- 12/17 Josie Music and Craft
- 12/20 Matinee - CasaBlanca
- 12/21 Lady's Tea Social
- 12/31 Fiesta Bowl Party
- Every Wed./ Thurs Bus Outing
- Every Monday Garden Club

Nurses Corner:

Tips to make holidays more enjoyable:

Holidays can be bittersweet for families affected by Alzheimer's. Try these simple tips to make the holidays easier on everyone.

- **Host quiet, slow-paced gatherings.** Holiday gatherings often involve music and loud conversation. Yet for a person who has Alzheimer's, a calm and quiet environment usually is best
- **Celebrate in the most familiar setting.** For many people who have Alzheimer's, a change of environment, even a visit home, can cause anxiety. To avoid disruption, consider holding a small family celebration at the facility.
- **Minimize visitor traffic.** Arrange for a few family members to drop in on different days. Even if your loved one isn't sure who's who, two or three familiar faces are likely to be welcome. A large group, however, might be overwhelming.
- **Visit at your loved one's best time of day.** Plan your visits during the time of day when it would be the most beneficial to your loved one.
- **Prepare family members.** If you have family coming in from out of town, update them on your loved one's status ahead of time so they know what to expect.

The holiday season can cause mixed feelings for those who have a loved one living with Alzheimer's, hopefully these tips will help you enjoy the holidays with your loved one.

*information courtesy of Mayo clinic | [www://www.mayoclinic.org/healthy-lifestyle](http://www.mayoclinic.org/healthy-lifestyle)

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December 2016

Wednesday



Sunday

Monday

Tuesday

Thursday

Friday

Saturday



<p>9:30 Seniorcise 10:00 Coffee Chat 10:30 Chronicle & Devotion 11:15 Brain Games 1:00 Christmas Carolers 2:00 Brain Exercise 3:00 Afternoon Refreshments 3:30 Spiritual Hymns 4:00 Sunday Service w/ Adam 6:00 Feature Film</p> <p style="text-align: right;">4</p>	<p>9:30 Walk & Talk 10:00 Morning Refreshments 10:30 Daily Chronicle & Devotional 11:00 Garden Club 2:00 Sing-A-Long 3:00 Afternoon Snack 3:30 Brain Games: Crossword 4:15 Chair Vollyball 6:00 A Night at the Movies</p> <p style="text-align: right;">5</p>	<p>9:30 Chair Exercise 10:00 Songs & Snacks 10:15 Daily Chronicle & Devotional 10:45 Star of Month: A star is born 1:45 Nail Salon 3:00 Afternoon Refreshments 3:15 Brain Games: Commonyns 4:00 Bowling Time 6:00 Movie Night</p> <p style="text-align: right;">6</p>	<p>9:30 Walk & Talk 10:00 Morning Refreshments 10:15 Daily Chronicle & Devotional 10:45 Topic: Pearl Harbor 2:00 Bible Study: PBC 3:00 Snack & Chat 3:30 Brain Game: Rhyming Words 4:15 Seniorcise 4:30 Bus Trip: Men's Dinner Out 6:00 Movie Night</p> <p style="text-align: right;">7</p>	<p>9:30 Chair Exercise 10:00 Snack & Music 10:30 Daily Chronicle & Devotional 11:00 Christmas Cards 1:45 Bus Outing: Pictures with Santa 3:00 Afternoon Refreshments 3:30 Comparative Listings 4:00 Reminisce 6:00 A Night at the Movies</p> <p style="text-align: right;">8</p>	<p>9:30 Walk & Talk 10:00 Morning Social 10:30 Daily Chronicle & Devotional 11:00 Sentence Inhibition 1:45 Seniorcise 2:15 St. Nicholas History 3:00 Live Music: Ron Young 4:00 BINGO with Friends 6:00 Movie Night</p> <p style="text-align: right;">9</p>	<p>9:30 Chair Exercise 10:00 Morning Refreshments 10:30 Daily Chronicle & Devotional 11:00 Cooking Corner: Apple Pie Day 1:00 Dance Plus Performance 3:00 Afternoon Social 3:30 Bowling Away 4:00 Brain Games: Rhyme Words 6:00 Movie Time</p> <p style="text-align: right;">3</p>
<p>9:30 Seniorcise 10:00 Morning Social 10:30 Chronical and Devotion 11:00 Christmas Brunch 2:00 Creative Craft 3:00 Social Snacks 3:30 Spiritual Hymns 4:00 Sunday Service w/ Adam 6:00 Movie Night</p> <p style="text-align: right;">11</p>	<p>9:30 Walk & Talk 10:00 Morning Refreshments 10:30 Daily Chronicle & Devotional 11:00 Garden Club 2:00 Sing-A-Long 3:00 Afternoon Refreshments 3:15 Topic Nobel Peace Prize 4:15 Balloon Vollyball 6:00 Movie Night</p> <p style="text-align: right;">12</p>	<p>9:30 Chair Exercise 10:00 Morning Refreshments 10:30 Daily Chronicle & Devotional 11:00 Star of Month Trivia 1:45 Nail Salon 3:00 Afternoon Social 3:30 Brain Games: Commonyns 4:15 Noodle Ball 6:00 Movie Time</p> <p style="text-align: right;">13</p>	<p>9:30 Walk & Talk 10:00 Morning Social 10:15 Daily Chronicle & Devotional 10:45 Topic: George Washington 1:45 Brain Games: Numbers 2:15 Poetry Club 3:00 Afternoon Snack 3:30 Bus Trip Kids Sing-a-Long</p> <p style="text-align: right;">14</p>	<p>9:30 Cranium Crunches 10:00 Songs & Snacks 10:30 Daily Chronicle & Devotional 11:00 Seniorcise 2:00 Bus Outing: Coffee and Doughnuts 3:00 Afternoon Social 3:45 Wacky Wordies 4:15 Walk & Talk 6:00 Movie Time</p> <p style="text-align: right;">15</p>	<p>9:30 Walk & Talk 10:00 Snack & Chat 10:30 Daily Chronicle & Devotional 11:00 Brain Games: Numbers 2:00 Live Music: Archie Harmonica 3:00 Afternoon Snack 3:15 Kelli Sims: DIY Ornaments 4:15 BINGO with Friends 6:00 Feature Film</p> <p style="text-align: right;">16</p>	<p>9:30 Walk & Talk 10:00 Morning Social 10:30 Daily Chronicle & Devotional 11:00 Josie/Music & Crafts 2:00 Seniorcise 3:00 Songs & Snacks 3:30 Topic: Aviation Day 4:15 Courtyard Social 6:00 A Night at the Movies</p> <p style="text-align: right;">17</p>
<p>9:30 Seniorcise 10:00 Morning Refreshments 10:30 Chronicle & Devotion 11:15 Sunday Stroll 2:00 Karaoke 3:00 Afternoon Social 3:30 Spiritual Hymns 4:00 Sunday Service w/ Adam 6:00 Feature Film</p> <p style="text-align: right;">18</p>	<p>9:30 Walk & Talk 10:00 Songs & Snacks 10:30 Daily Chronicle & Devotional 11:00 Garden Club 2:00 Sing-A-Long 3:00 Afternoon Social 3:30 National Volunteer Day 4:15 Seniorcise 6:00 Movie Night</p> <p style="text-align: right;">19</p>	<p>9:30 Chair Exercise 10:00 Snack & Chat 10:30 Daily Chronicle & Devotional 10:45 1st Day of Winter Topic 11:15 Trivia Tuesday 2:45 Matinee: Featuring Star of Month 3:00 Afternoon Snack 4:00 Walk & Talk 6:00 The Landing Support Group</p> <p style="text-align: right;">20</p>	<p>9:30 Walk & Talk 10:00 Morning Social 10:15 Daily Chronicle & Devotional 10:30 Bus Trip: Food Drive 2:00 Bible Study: PBC 3:00 Snack & Chat 3:15 Ladies Tea Social 4:30 Sing-A-Long Songs 6:00 A Night at the Movies</p> <p style="text-align: right;">21</p>	<p>9:30 Chair Exercise 10:00 Morning Refreshments 10:30 Daily Chronicle & Devotional 11:00 Finish the Lyric 2:00 Christmas History 3:00 Afternoon Snack 3:30 Christmas Carols 4:15 Reminisce: Family Christmas 6:00 Bus Trip to see Lights</p> <p style="text-align: right;">22</p>	<p>9:30 Walk & Talk 10:00 Songs & Snacks 10:30 Daily Chronicle & Devotional 11:00 Star of the Month 2:00 Gingerbread Day 3:00 Afternoon Refreshments 3:30 Book Club 4:15 BINGO with Friends 6:00 Feature Film</p> <p style="text-align: right;">23</p>	<p>9:30 Chair Exercise 10:00 Morning Social 10:30 Daily Chronicle & Devotional 11:00 Cooking Corner: Cookies 2:15 The Riverboat Piano Player 3:00 Afternoon Refreshments 3:30 Topic: Hanukkah 4:15 Strolling Along 6:00 Movie Night</p> <p style="text-align: right;">24</p>
<p>9:30 Seniorcise 10:00 Songs & Snacks 10:30 Chronicle & Devotion 11:15 Reading: Twas the Night Before Christmas 2:00 Cooking Corner 3:00 Snack & Chat 3:30 Spiritual Hymns 4:00 Sunday Service w/ Adam 6:00 Feature Film</p> <p style="text-align: right;">25</p>	<p>9:30 Walk & Talk 10:00 Morning Snack 10:30 Daily Chronicle & Devotional 11:00 Garden Club 2:00 Memory Life Game 3:00 Afternoon Refreshments 3:30 History: Boxing Day 4:15 Topic: Kwanza 6:00 Movie Night</p> <p style="text-align: right;">26</p>	<p>9:30 Chair Exercise 10:00 Songs & Snacks 10:30 Daily Chronicle & Devotional 11:00 Tuesday Trivia 1:45 Nail Salon 3:00 Social Snacks 3:30 Brain Games: Commonyns 4:15 Walk & Talk 6:00 A Night at the Movies</p> <p style="text-align: right;">27</p>	<p>9:30 Walk & Talk 10:00 Morning Snack 10:15 Bus Trip: Hot Chocolate 11:30 Daily Chronicle & Devotional 2:00 Bible Study: PBC 3:00 Afternoon Refreshments 3:30 Poetry Club 4:00 Topic: Pledge of Allegiance 4:15 Strolling Along 6:00 A Night at the Movies</p> <p style="text-align: right;">28</p>	<p>9:30 Chair Exercise 10:00 Morning Refreshments 10:30 Daily Chronicle & Devotional 11:00 Finish the Lyric 1:45 Bus Trip: Library 3:00 Afternoon Snack 3:30 Book Club 4:15 Reminisce: New Years 6:00 A Night at the Movies</p> <p style="text-align: right;">29</p>	<p>9:30 Walk & Talk 10:00 Songs & Snacks 10:30 Daily Chronicle & Devotional 11:00 New Years around the World 1:45 All about Family 3:00 Afternoon Refreshments 3:00 Live Music 4:15 BINGO with Friends 6:00 Feature Film</p> <p style="text-align: right;">30</p>	<p>9:30 Chair Exercise 10:00 Morning Social 10:30 Daily Chronicle & Devotional 11:00 Creative Crafts 1:30 Fiesta Bowl: College Football 3:00 Afternoon Refreshments 3:30 New Years Resolution's 4:15 New Years Eve Bash 6:00 Movie</p> <p style="text-align: right;">31</p>